

## Safeguard / PSHCE Timetable 2025 - 2026

Each half term, a different safeguarding focus will be looked at by the children as part of their PSHCE work.

	Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a	Summer 3b
Reception	<p><b>Safeguarding</b> - Staying safe in school and knowing who trusted adults are in school. <i>now</i></p> <p>To develop children's understanding of who trusted adults are in school. How to play safely with others and what to do if they are getting hurt.</p> <p><b>Safeguarding-</b> Stranger danger <i>now</i> (taught in preparation for Stokesley show)</p> <p>To develop children's understanding of who trusted adults are (police, paramedics, etc) and what to do in certain situations.</p>	<p><b>Safeguarding</b> - Road Safety <i>now</i></p> <p>EYFS - CIR To know and talk about the different factors that support their overall health and well-being: * Being a safe pedestrian.</p> <p>How to cross the road safely.</p>	<p><b>Safeguarding</b> - Screen Time (and staying safe on computers/ipads) &amp; online safety <i>now</i></p> <p>EYFS - CIR To know and talk about the different factors that support their overall health and well-being: * Sensible amounts of screen time.</p> <p>To look at how to use pads, tablets and phones safely and how much time we should be spending on them and the reason why too much is not good for us. Introduce online safety.</p>	<p><b>Safeguarding</b> - medicines <i>now</i></p> <p>To understand that medicines should only be given to us by a trusted adult and if we find medicines on a low surface what to do. Stress the importance Medicines should be kept in a high cupboard.</p>	<p><b>Safeguarding-</b> Sun safety. <i>now</i></p> <p>To understand the importance of drinking water, wearing a sun hat, and putting on sun cream.</p>	<p><b>Safeguarding-</b> Beach and water safety <i>now</i></p> <p>To learn about water safety and the best places to play on the beach. The role of the lifeguards and coastguards.</p>

<p>Year One</p>	<p><b>Safeguarding</b>-how can we stay safe in school &amp; playground? (R5, R20, R24, L1) <b>British values-rule of law</b></p> <p>R5-That it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried.</p> <p>R20-what to do if they feel unsafe or worried for themselves or other; who to ask for help and vocabulary to use when asking to help; importance of keeping trying until they are heard.</p> <p>R24 - how to listen to other people and play and work cooperatively.</p> <p><b>Also links to British values - rule of law.</b></p>	<p><b>Safeguarding</b> - How does medicine help? (H6)</p> <p>H6 - that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people stay healthy.</p>	<p><b>Safeguarding</b>-What do I do if I'm worried about something? What is mental health and how can we look after it? (National children's mental health week -whole school) (R5, R20, H18, H24) <i>ow</i></p> <p>R18 - about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)</p> <p>R20 - what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard</p> <p><b>Also links to British values - rule of law.</b></p>	<p><b>Safeguarding</b>- What is private? (R13, R16) &amp; PANTS rule <b>British values-rule of law</b></p> <p>R13 -To recognise that some things are private and the importance of respecting privacy.</p> <p>R16 - about how to respond if physical contact makes them feel uncomfortable or unsafe</p> <p>R17 - about knowing there are situations when they should ask for permission and also when their permission should be sought</p> <p>When and how to get help in an emergency.</p> <p>H35 - about what to do if there is an accident and someone is hurt.</p>	<p><b>Safeguarding</b> -How can I stay safe in summer? (beach &amp; sun safety) (H32)</p> <p>H8. how to keep safe in the sun and protect skin from sun damage.</p>	<p><b>Safeguarding</b>-How do we get help in an emergency? (<b>H35, H36</b>-When and how to get help in an emergency (how to dial 999 and what to say).</p> <p>H35. about what to do if there is an accident and someone is hurt</p> <p>H36. how to get help in an emergency (how to dial 999 and what to say).</p>
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	<p><b>Safeguarding</b> - How do we stay safe online? (H34) (Revisited through ICT curriculum in e-safety)</p> <p><b>Safeguarding-</b> Stranger danger</p> <p>R15-how to respond safely to adults they don't know.</p>		<p><b>Safeguarding</b> Online Safety - R13-To recognise that some things are private and the importance of respecting privacy.</p> <p>H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them</p> <p>To link to Safer Internet Day 11<sup>th</sup> February 2025.</p>			
Year Two	<p><b>Safeguarding-how can I stay safe?</b> <i>Now</i></p> <p>H28 - about rules and age restrictions that keep us safe.</p> <p>L1 - about what rules are, why they are needed, and why different rules are</p>	<p><b>Safeguarding- Stranger danger (R15) now</b></p> <p><b>How can I stay safe?</b></p> <p>(H29) to recognise risk in simple everyday situations and what action to take to minimise harm.</p>	<p><b>Safeguarding- NSPCC PANTS rule (R16)</b> about how to respond if physical contact makes them feel uncomfortable or unsafe. <i>Now</i></p> <p>R13 -To recognise that some things are private and the</p>	<p><b>Safeguarding</b>-How do we get help in an emergency? <i>now &amp; ow</i></p> <p>H35. about what to do if there is an accident and someone is hurt</p> <p>H36. how to get help in an emergency</p>	<p><b>Safeguarding</b>-how to use medicine safely (Medicines &amp; household products). <i>now &amp; ow</i></p> <p>H6 - that medicines (including vaccinations and immunisations and those that support</p>	<p><b>Safeguarding</b> -How can I stay safe in summer? (beach &amp; sun safety) (H8) how to keep safe in the sun and protect skin from sun damage. <i>now</i></p> <p>H8 - how to keep safe in the sun and protect skin from sun damage</p>

	<p>needed for different situations.</p> <p><b>Safeguarding-how can I play safely?</b></p> <p><b>How to stay safe in school, playground and in the world around us.</b></p> <p>H9 - about different ways to learn and play; recognising the importance of knowing when to take a break from online or TV</p> <p>Links to Kindness YLA</p>	<p>R15-how to respond safely to adults they don't know.</p> <p>H33. about the people whose job it is to help keep us safe</p>	<p>importance of respecting privacy.</p> <p>R16 - about how to respond if physical contact makes them feel uncomfortable or unsafe</p> <p>R17 - about knowing there are situations when they should ask for permission and also when their permission should be sought</p> <p>R18 - about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)</p> <p>R20 - what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of</p>	<p>(how to dial 999 and what to say</p>	<p>allergic reactions) can help people stay healthy.</p> <p>H31 - that household products (including medicines) can be harmful if not used correctly</p>	
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