

Hot Weather Protocol for Parents at Marwood CE Infant School

As temperatures rise, we would like to work together to ensure all children remain safe, comfortable, and able to enjoy their learning and playtime while at school.

What Parents Can Do

Clothing

- Loose-fitting, lightweight clothing.
- Comfortable footwear

Sun Hats

- Ensure your child brings a hat to school every day during periods of hot weather.
- A wide-brimmed or legionnaire-style hat is recommended for the best sun protection.
- Children without a hat may be asked to remain in shaded areas during outdoor activities.

Water Bottles

- Please provide your child with a clearly labelled water bottle each day.
- We encourage children to drink water regularly throughout the day to stay hydrated.
- Water bottles can be refilled at school when needed.

Sunscreen

- Apply a high-factor sunscreen to your child before they come to school.
- If your child requires sunscreen to be reapplied during the school day, please provide a clearly labelled bottle and show your child how to apply their own sunscreen.
- Sunscreens will not be shared in case of allergies.

What School Will Do

- Encourage regular drinking of water.
- Make use of shaded areas whenever possible.
- Adapt outdoor activities as necessary during periods of extreme heat.
- Monitor children for signs of overheating or dehydration.

- Ensure classrooms are well-ventilated where possible.

Signs of Heat-Related Illness

Please keep your child at home and seek advice if they are unwell. Signs of heat exhaustion can include:

- Headaches
- Dizziness
- Excessive tiredness
- Nausea
- Excessive sweating
- Feeling faint

Thank You

Thank you for your support in helping us keep all children safe, healthy, and comfortable during periods of hot weather. Working together ensures that children can continue to learn and enjoy their school day while staying protected from the sun and heat.