

Dear Parents and Carers,

As a part of your child's education at Marwood, we promote personal wellbeing and development through a comprehensive Personal, Social, Health, Citizenship and Economic (PSHCE) education programme. PSHCE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that the Statutory Guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education, published by the Department for Education (DfE) in June 2019¹, will apply from September 2020. However, we would like to make you aware that sex education has **not** been made compulsory in primary schools. **Therefore, Marwood will be teaching Relationships and Health education (RHE) and PSHCE which will focus on teaching about healthy relationships and mental and physical health at an age-appropriate level.**

RHE/PSHCE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our RHE/PSHCE curriculum. All RHE/PSHCE teaching takes place in a safe learning environment and is underpinned by our school ethos and values. Lessons in each year group will cover these three strands; Health and wellbeing, Relationships and Living in the wider world.

EYFS

Lessons in EYFS will include pupils learning about:

- Healthy relationships, including friendships
- Families; respect for themselves and one another
- Personal hygiene
- Changing feelings; becoming more independent
- Keeping safe; developing self-esteem and confidence

- British values, in addition to other cultures and cultural festivals such as; Diwali, Harvest, Christmas, St. Andrew's Day, St. George's Day, St. David's Day, St. Patrick's Day and Chinese New Year.

Pupils will also have opportunities to ask questions.

Year 1

In Year 1, the children will build on their previous learning in EYFS. Under the three strands mentioned above, Year 1 pupils will learn about:

- Healthy relationships, including friendships; families and how families may look different to their own
- Respect for themselves and one another through learning about people's similarities and differences
- How to respect and look after the environment
- To recognise that some things are private and the importance of respecting privacy
- How to respond safely to adults they don't know
- Personal hygiene and ways to stay mentally and physically healthy
- Changing feelings and ways to manage these feelings
- Becoming more independent
- Keeping safe including learning about the people whose job it is to keep us safe and what to do if there is an accident and someone is hurt and how to get help in an emergency
- Developing self-esteem and confidence
- British values in addition to other cultures and cultural festivals such as; Diwali, Harvest, Christmas, St. Andrew's Day, St. George's Day, St. David's Day, St. Patrick's Day and Chinese New Year.

Pupils will also have opportunities to ask questions.

Year 2

Year 2 children will also build on previous knowledge in PSHCE/RHE lessons and will learn more about;

- Foods, exercise and personal hygiene which support mental and physical health;
- How feelings can affect people's bodies and how they behave
- The importance of telling a trusted adult
- That there are situations when they should ask for permission
- Learn to co-operate and resolve conflict
- Participate in community events and settings and learn to interact with new people

When learning about living in the wider world, Year 2 children will be taught:

- about different jobs in the community
- about the importance of money and that money needs to be looked after
- about how the internet and digital devices can be used safely to find things out and to communicate with others

Year 2 children will also be taking part in *The Young Leaders Award*² designed by The Archbishop of York Youth Trust (2019) which aids the personal development of pupils, including their spiritual, moral, social and cultural development (SMSC) and understanding of British Values. Through the Award pupils are prepared for adult life, with a focus on developing leadership skills and character virtues and children are taught how to engage with society through participation in social action within the community.

As a school community, we are committed to working in partnership with parents and are extremely grateful for your continued support. If you would like to find out more, ask questions or discuss any

concerns, we would urge you to contact us at admin@marwood.n-yorks.sch.uk.

Yours sincerely,

Kelly Littleton

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Relationships Education, Relationships and Sex Education (RSE) and Health Education government guidelines

1. <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

The Young Leaders Award link

2. <https://www.archbishopofyorkyouthtrust.co.uk/keystage1>